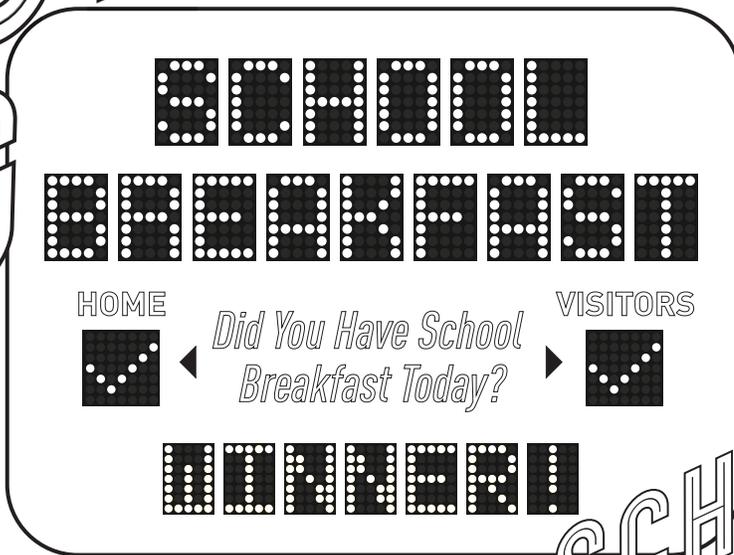


#NSBW21 COLORING SHEET

Start your morning with a healthy school breakfast and then bring the "Score Big With School Breakfast" art to life with your crayons and markers!

SCORE
BIG



WITH SCHOOL
BREAKFAST



**SCHOOL
BREAKFAST**

HOME Did You Have School Breakfast Today? VISITORS

#NSBW21 COLORING SHEET

Ace your morning, go for the goal and get the fast break to the basket! You're in it to win it with school breakfast! Color your way to a terrific day.



**SCHOOL
BREAKFAST**

HOME *Did You Have School
Breakfast Today?* VISITORS

#NSBW21 COLORING SHEET

Scoring big with a healthy breakfast isn't just for athletes. School breakfast helps EVERYONE succeed! Enjoy the morning meal and then focus on what's important to you! Color your way to a fantastic day.



**SCHOOL
BREAKFAST**

HOME Did You Have School Breakfast Today? VISITORS

#NSBW21 COLORING SHEET

Can you find the different components that make up a healthy school breakfast?
Hint: Fruit, Whole Grains, Protein and Milk! Be sure you taste each one and color each one this morning!



SCHOOL BREAKFAST

HOME



Did You Have School
Breakfast Today?

VISITORS

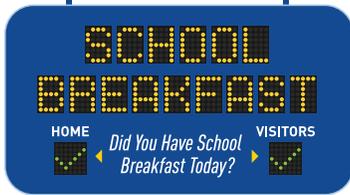


Start your day with a healthy school breakfast so you are wide awake and can use your eagle eye to find your way through our Morning Maze.

START HERE!



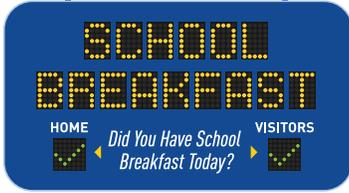
Feeding Bodies. Fueling Minds.®



Can you find all these words about school breakfast *and* what happens when you do your best? They may go across, up and down or diagonally. Circle each word as you find it.

- | | | | | | |
|-------------|----------|-----------|----------|-----------|----------|
| Applause | Homerun | Touchdown | Apple | Grain | Orange |
| Celebration | Honor | Trophy | Balanced | Juice | Protein |
| Champion | Pride | Try | Cereal | Milk | Vitamins |
| Courage | Success | Score | Egg | Nutrients | Waffle |
| Goal | Teamwork | Win | Fruit | Oatmeal | Yogurt |

M	C	O	U	R	A	G	E	G	N	I	P	E	G	G	U	T
T	I	T	O	U	C	H	D	O	W	N	T	N	I	A	R	G
R	E	L	F	F	A	W	A	A	F	N	I	A	R	G	N	R
E	S	O	K	T	C	P	H	L	G	N	L	T	U	V	U	M
A	Y	S	N	S	N	I	M	A	T	I	V	P	L	L	T	D
P	O	T	O	U	O	I	M	Z	R	W	H	O	N	O	R	E
R	G	U	I	C	L	C	E	R	E	A	L	V	I	X	I	C
O	U	M	P	C	U	H	O	M	E	R	U	N	R	J	E	N
T	R	Y	M	E	O	E	F	S	L	S	C	I	S	U	N	A
E	T	T	A	S	R	I	R	O	M	J	U	I	C	E	T	L
I	O	I	H	S	A	R	U	K	L	A	W	A	K	S	S	A
N	A	N	C	N	N	O	I	T	A	R	B	E	L	E	C	B
S	C	O	E	W	G	A	T	R	O	P	H	Y	C	P	R	N
P	R	I	D	E	E	Z	U	O	A	T	M	E	A	L	P	S
E	Y	K	R	O	W	M	A	E	T	S	I	E	L	P	P	A



To celebrate "Score Big With School Breakfast!" can you unscramble these foods you may find at breakfast? We've given you a few hints.

1. N S K A P A C E

Hint: Some people call these flapjacks.

2. P F T A A R I

Hint: It's usually layered with yogurt and berries.

3. L O N G A R A

Hint: Sometimes it's a nut-and-oats-based layer in the answer to #2.

4. U T P G A R I R E F

Hint: The name of this citrus favorite is really the only thing it has in common with the small fruit that grows in bunches.

5. C B T I S I U

Hint: A common carrier for holding eggs, sausage and cheese in a breakfast sandwich.

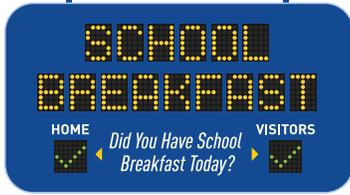
6. K N E C C H I

Hint: This popular protein is paired with waffles for a soul food classic.

7. N G E R E G E S G

Hint: Did you eat these with ham on Dr. Seuss' Birthday?





It All Adds Up!

If you ate school breakfast today, you may score big on this math and vocabulary puzzle game!

Instructions: Use the hints to identify words about breakfast and then use the key below to match a number with each letter. Add up the numbers and write in the total. We'll give you one for free!

1. This red fruit has a satisfying crunch when you take a bite.

$$\frac{A}{1} + \frac{P}{16} + \frac{P}{16} + \frac{L}{12} + \frac{E}{5} = 50$$

2. A great source of calcium, this beverage is delicious cold.

$$\underline{\quad} + \underline{\quad} + \underline{\quad} + \underline{\quad} = \underline{\quad}$$

3. What do cereal, oatmeal and toast all have in common? They are all members of this food category.

$$\underline{\quad} + \underline{\quad} + \underline{\quad} + \underline{\quad} + \underline{\quad} = \underline{\quad}$$

4. Tasty alone in its own package or added to a parfait, this food is both a dairy and a protein.

$$\underline{\quad} + \underline{\quad} + \underline{\quad} + \underline{\quad} + \underline{\quad} + \underline{\quad} = \underline{\quad}$$

5. This citrus fruit has the same name as its color.

$$\underline{\quad} + \underline{\quad} + \underline{\quad} + \underline{\quad} + \underline{\quad} + \underline{\quad} = \underline{\quad}$$

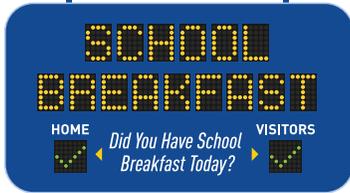
6. The bumpy squares on this cousin of the pancake are great to catch syrup or jam.

$$\underline{\quad} \quad \underline{\quad} \quad \underline{\quad} \quad \underline{\quad} \quad \underline{\quad} \quad \underline{\quad} \\ \underline{\quad} + \underline{\quad} + \underline{\quad} + \underline{\quad} + \underline{\quad} + \underline{\quad} = \underline{\quad}$$

GRAND TOTAL: =
(Be sure to include the Apple)

Key:			
A=1	H=8	O=15	V=22
B=2	I=9	P=16	W=23
C=3	J=10	Q=17	X=24
D=4	K=11	R=18	Y=25
E=5	L=12	S=19	Z=26
F=6	M=13	T=20	
G=7	N=14	U=21	





Answer Key

Word Search

	C	O	U	R	A	G	E	G	N	I	P	E	G	G	U	T
T	I	T	O	U	C	H	D	O		N	T	N	I	A	R	G
R	E	L	F	F	A	W	A	A	F	N	I	A	R	G	N	R
E	S	O	K	T	C	P	H	L	G	N	L	T	U	V	U	
A	Y	S	N	S	N	I	M	A	T	I	V	P	L	L	T	D
P	O	T	O	U	O	I	M	Z	R	W	H	O	N	O	R	E
R	G	U	I	C	L	C	E	R	E	A	L	V	I	X	I	C
O	U	M	P	C	U	H	O		E	R	U	N	R	J	E	N
T	R	Y	M	E	O	E	F	S	L	S	C	I	S	U	N	A
E	T	T	A	S	R	I	R	O	M	J	U	I	C	E	T	L
I	O	I	H	S	A	R	U	K	L	A	W	A	K	S	S	A
N	A	N	C	N	N	O	I	T	A	R	B	E	L	E	C	B
S	C	O	E	W	G	A	T	R	O	P	H	Y	C	P	R	N
P	R	I	D	E	E	Z	U	O	A	T	M	E	A	L	P	S
E	Y	K	R	O		M	A	E	T	S	I	E	L	P	P	A

Word Scramble

1. Pancakes
2. Parfait
3. Granola
4. Grapefruit
5. Biscuit
6. Chicken
7. Green Eggs

It All Adds Up! Puzzle

1. \underline{A} \underline{P} \underline{P} \underline{L} \underline{E}
 $1 + 16 + 16 + 12 + 5 = 50$
 2. \underline{M} \underline{I} \underline{L} \underline{K}
 $13 + 9 + 12 + 11 = 45$
 3. \underline{G} \underline{R} \underline{A} \underline{I} \underline{N}
 $7 + 18 + 1 + 9 + 14 = 49$
 4. \underline{Y} \underline{O} \underline{G} \underline{U} \underline{R} \underline{T}
 $25 + 15 + 7 + 21 + 18 + 20 = 106$
 5. \underline{O} \underline{R} \underline{A} \underline{N} \underline{G} \underline{E}
 $15 + 18 + 1 + 14 + 7 + 5 = 60$
 6. \underline{W} \underline{A} \underline{F} \underline{F} \underline{L} \underline{E}
 $23 + 1 + 6 + 6 + 12 + 5 = 53$
- GRAND TOTAL = 363

Maze

